

“Bubup”
means baby
in Woi Wurrung
language



Contact us

Aboriginal
Midwives &
the Bubup
Clinic



The front cover picture:

The Bubup can be seen lying on a possum skin and a coolamon. The coolamon has been used for thousands of years in Aboriginal communities to cradle and transport bubups. The possum skin is traditionally used to keep bubups warm and wrapped. The eucalyptus leaves and flowers beneath the Coolamon were used in Aboriginal healing practices and are still used today in traditional bush medicine.



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Other ways we can support Monash Health patients:

Who are we

The role of the Aboriginal Midwives is to provide culturally safe maternity care to all Aboriginal and Torres Strait Islander families throughout their pregnancy and postnatal care.

Our Services include:

- ▶ **Cultural, emotional and spiritual** support to women and families
- ▶ **Participation** pregnancy and postnatal care planning and appointments
- ▶ **Culturally safe** maternal and parental education and clinical support
- ▶ **Patient advocacy and referrals** to other services
- ▶ **Support** in relation to appointments, birth plans and maternal child health nurse follow up

Bubup Clinic

The Bubup Clinic is a continuity of care clinic providing midwifery support from our Monash Aboriginal Midwives. They will provide care from your booking appointment, through to having your newborn baby at home.

Eligible Aboriginal and/or Torres Strait Islander families may be able to receive ongoing support through our Bubup Clinic.

Our Dandenong Clinic runs every Tuesday morning from the Monash Women's Clinic at Dandenong Hospital. Women at this clinic will birth at Dandenong Hospital.

Our Casey/Pakenham Clinic runs on Tuesday afternoon at the Pakenham Health Centre's Maternity Clinic. Women at this hospital will birth at Casey Hospital, Berwick.

We do not currently have Bubup Clinics at our Clayton or Sandringham sites, but are still able to provide support to families booked at these locations.

- ▶ **Ongoing contact** throughout pregnancy and after birth to ask questions, receive advice offer support
- ▶ **Home visits** after discharge providing ongoing support with breastfeeding, wound healing, and social and emotional wellbeing
- ▶ **Connecting you** with further networks such as women's business groups/playgroups, health centres and community based programs
- ▶ **Supporting families** with a baby in the Newborn Intensive Care or Special Care Nursery
- ▶ **Assistance** in navigating the healthcare system for you and your family
- ▶ **Referrals** to other services within Monash health and Melbourne

