

Contact numbers for pregnancy and after birth at Sandringham Hospital

My UR number: _____

Keep your UR number handy as you will be asked for it anytime you call the hospital.

Sandringham Hospital Switchboard 9076 1000

Womens Health Clinic | Maternity Clinic 9594 7031

Pregnancy Assessment | Birth Suite 9076 1245

Maternity Ward 9076 1232 or 9076 1234

Extended Postnatal Care (EPC) 9076 1675
(between 8am and 9am), then ring 9076 1232

Drug Information Centre 9594 2361

Breastfeeding Support Service 9076 1570



Immediate phone interpreting 131 450
(24 hours, every day of the year)

Community contacts

Australian Breastfeeding Association 1800 686 2 686

Breastfeeding classes and mother's groups

www.breastfeeding.asn.au

The Royal Children's Hospital Safety Centre 9345 5085

Information and advice for parents about safety and injuries

Beyond Blue 1300 224 636

Information on depression, anxiety and related substance use disorders and treatment www.beyondblue.org.au

Poisons Information Centre 13 11 26

24 hour service

Women's Domestic Violence Crisis Service 9322 3555

Freecall 1800 015 188 - offers a 24 hour phone counselling and referral

WAYSS 9791 6111

Offers counselling and advice, practical support and legal advocacy

Monash Womens Resources

Go to: <https://monashwomens.org/>

