

Contact numbers for pregnancy and after birth at Dandenong Hospital

My UR number: _____

When changing appointment times or ringing the Birth Unit you will be asked for your hospital (UR) number so keep this handy.

Dandenong Hospital switchboard	9554 1000
Maternity Unit	9554 8118
Birth Unit	9554 8180
Physiotherapy	9554 8346
Drug Information Centre	9594 2361
Lactation Services	9554 8118
Monash Women's Clinic 135 David Street	9792 7610
Extended Postnatal Care	9554 8006
 Hospital Interpreter Service	9554 4829
Immediate phone interpreting (24 hours, every day of the year)	131 450

Community contacts

Australian Breastfeeding Association 1800 686 2 686

Breastfeeding classes and mother's groups

www.breastfeeding.asn.au

Australian Multiple Birth Association 1300 886 499

Information and support for parents with twins or triplets

www.amba.org.au

The Royal Children's Hospital Safety Centre 9345 5085

Information and advice for parents about safety and injuries

Beyond Blue 1300 224 636

Information on depression, anxiety and related substance use disorders and treatment www.beyondblue.org.au

Poisons Information Centre 13 11 26

24 hour service

Women's Domestic Violence Crisis Service 9322 3555

Freecall 1800 015 188 - offers a 24 hour phone counselling and referral

WAYSS 9791 6111

Offers counselling and advice, practical support and legal advocacy