



# Options for care in pregnancy

Monash Medical Centre  
Dandenong Hospital  
Casey Hospital

Monash**Women's**  
Monash**Health**

## Welcome to Monash Women's

At Monash Women's, you will be cared for by a team including midwives, doctors and allied health clinicians. You will be cared for by a team that best meets your needs.

You will find out more about your team at your first pregnancy appointment.

## Options for your pregnancy care

Three options for pregnancy care are available:

- 1) Hospital clinic care
- 2) Shared care with hospital
- 3) Community based (non-hospital) obstetric care.

We will do our best to give you your first choice of pregnancy care.

Our hospitals have a limit on the number of bookings they can accept each month. The hospital you book at, and the carer that you will have for your pregnancy, will depend on your preference, your medical and maternity history and the availability of your preferred care option.

### 1. Hospital pregnancy care

- All of your pregnancy care visits will be provided in hospital clinics.
- Some of these clinics are situated in the community.
- If you have an uncomplicated pregnancy you may see the same one or two midwives or small team throughout your pregnancy.
- If you have a complicated medical and / or maternity history you may see one or more specialists, and more of the multidisciplinary team, depending on your needs.
- Casey Hospital 'caseload care' - one midwife will provide most of your pregnancy care and be 'on call' for you in labour, birth and home visits after discharge. You may also consider having a home birth if you are having care with a caseload midwife.

## **2. Shared care with hospital**

- If you have an uncomplicated pregnancy your community based GP, obstetrician or midwife may refer you for shared care.
- Your GP, obstetrician or midwife must be accredited with Monash Health as a 'Shared Maternity Care Affiliate'.
- About half your pregnancy care will be with your hospital team and half with your community provider.

## **3. Community based pregnancy care (non-hospital)**

- Most of your pregnancy visits will be with a Monash Health specialist obstetrician in their private rooms.
- As a public patient you will also have two visits at the hospital with a midwife from your hospital team (when you book and at around 34 weeks).

## **Requests for a female carer**

Monash Health recognises that for cultural, religious or personal reasons you might ask to be seen by a female carer. If this is the case we would ask that you tell us in advance when making your appointments.

We will try to meet your needs. However, it is not always possible to do so as we cannot guarantee a female carer for every appointment. For more information please speak to the clinic midwife in charge.

## How you can make the most of your visits

### Where and when

Make sure you check when and where your appointment is. If you are unsure contact the clinic at your site.

### If you can't make it

If you are unable to attend your appointment please contact the clinic to make another time. This should be done as early as possible and at least 48 hours in advance.

To cancel your booking call central maternity bookings on 03 9594 2239.

### Getting here

Allow plenty of time to travel to your appointment, taking into account traffic and public transport timetables.

### What to bring

Bring the results of any ultrasounds, blood tests, Down Syndrome screening tests, etc that were not performed at a Monash Health hospital. These may be tests ordered by your GP. If so you may need to go to your GP to collect the results.

### More information

Visit our website to make a booking enquiry online or ask a question.

## Contact us



maternity.bookings@monashhealth.org



monashwomens.org