

Admin use only, cost centre codes
All Giving birth and early parenting workshops: Y3034
Early pregnancy physiotherapy class: N3004

Payment with a credit card may be done on 03 9792 7627 or 9792 7610
Monday - Friday 9 am - 4:30 pm.

Cash payments can be made at the front of the hospital (cashier)
Monday - Friday 9 am - 4.30 pm.

For assistance with dates please call (03) 9792 7627
on Tuesdays.

Contact us



Dandenong Hospital

135 David Street
Dandenong VIC 3175



For payment
(03) 9554 8408 (cashier)

For early pregnancy physiotherapy class
(03) 9554 8346 (Physiotherapy Dept)

For more information or assistance with Birth and
Parenting workshops
(03) 9792 7627 on Tuesdays only between 9am-3pm



monashwomens.org

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Pregnancy, birth and beyond at Dandenong Hospital



This information is for women having
a baby at Monash Women's

MonashWomen's
MonashHealth

Birth and parenting together workshops

Learn more about your pregnancy, labour, birth, breastfeeding and looking after a newborn baby.

About the workshops

- All workshops cost \$100 (with the exception of women aged under 20 years and Refugees. These are short workshops run with interpreters)
- Partner or support person is encouraged to attend
- Light refreshment only included
- Venue details:
 - o Dandenong Hospital, women's health room, Level 1 (enter the hospital from the glass doors further along from the emergency department entrance)
 - o Monash Women's Clinic 135 David St Dandenong

Types of workshops

<p>Two half day workshops When: Saturday or Sunday Time: 9am - 12noon or 1-4pm Venue: Dandenong Hospital women's health room, Level 1</p>	Date:	Time:
<p>Young women's workshops When: Monday evenings 2 x 3 hour workshops Time: 6 - 9pm Venue: Dandenong Hospital women's health room, Level 1 Free to attend for young women under 20 years of age</p>	Date:	
<p>Short workshops in Khmer When: Tuesday morning - 2 sessions x 2 hours Time: 10.00am - 12.00pm Venue: Monash Women's Clinic Cost: \$50</p>	Date:	
<p>Short workshops in Vietnamese When: Monday afternoon - 2 sessions x 2 hours Time: 2.00pm - 4.00pm Venue: Monash Women's Clinic Cost: \$50</p>	Date:	
<p>Short workshops with other interpreters When: Tuesday mornings - 2 sessions x 2 hours Time: 9.30am - 11.30am Venue: Monash Women's Clinic Cost: \$50 (free for refugees)</p>	Date:	

Early pregnancy physiotherapy class

This is a once only session attended in early pregnancy (after 12 weeks). It covers physical changes in early pregnancy and information about exercising in pregnancy. It is run by a Physiotherapist.

- **When:** Third Thursday of the month 2-4 pm
- **Venue:** Monash Womens Clinics 135 David Street Dandenong
- **Cost:** \$20.

Please contact the Physiotherapy Department on 03 9554 8346 for dates and bookings, then pay for your early pregnancy physiotherapy class at the hospital cashier 03 9554 8408.

Please talk to us about any questions or concerns you may have. Attending workshops is optional. Information is also available from our website monashwomens.org and you may also ask us specific questions via this site.

Bookings are essential for all workshops and classes

